



ALANA SESOW

multimedia storyteller

contact

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Lincoln, NE 68526

education

AUGUSTANA UNIVERSITY

August 2016 - May 2020
B.A. in Journalism and Media Studies
Summa Cum Laude (3.97 GPA)

skills

Photography (iPhone, DSLR)
Videography (iPhone, DSLR)
AP Style
Journalistic Writing (News, Essay,
Opinion, Feature)
Graphic Design (Photoshop, Illustrator)
Layouts (InDesign)
Video Editing (iMovie, Premier Pro)
Photo Editing (Photoshop)

“I'm a writer, photographer and former college cross country runner with a passion for empowering athletes of all ability levels through storytelling.”

work experience

THE EDDA

Athletics Editor // Aug. 2017 - May 2020

Created magazine-style spreads for Augustana's award-winning yearbook. Wrote season recaps, interviewed athletes and photographed competitions.

CHRISTIAN YOUTH ACTIVITY LEAGUE

Communications Intern // June 2019 - Aug. 2018

Launched several fundraising projects for a nonprofit youth sports organization that awards scholarships to underprivileged athletes in the Sioux Falls metro area. Designed flyers and donor cards, produced a promotional video and wrote donor letters.

SEE US

Multimedia Journalist // March 2018 - May 2018

Created a multimedia project documenting the birth of SEE US: a student-led movement that increases awareness of misogyny in sports. Produced a feature video, wrote a feature story, compiled a photo gallery and shot a Q&A video.

NEBRASKA ELITE TRACK CLUB

Blogger/Camp Counselor // June 2017 - Aug. 2017

Initiated a six-part blog series featuring Nebraska high school track and field coaches. Assisted and mentored high school athletes at a week-long distance running camp in Colorado Springs.